

**In-Kind Needs****Basic Needs**

Christian reading materials  
 Spiral notebooks (for class notes)  
 Men's briefs  
 Men's Jeans & Khaki pants (size 30-50)  
 Men's short-sleeved shirts  
 Bath Towels & Washcloths  
 Men's deodorant  
 Bar soap  
 Shaving Cream  
 Men's PJ's (size S-XXXL)

Bible commentaries/dictionaries  
 Men's T-shirts (size S-XXXL)  
 Hair Combs  
 Socks  
 Disposable Razors  
 New Pillows – twin size  
 Toothpaste & Toothbrushes  
 Reading glasses  
 Bus Passes  
 Men's work boots

**Other Specialty Needs & Volunteer Projects**

Wet-Dry Vac  
 12-passenger Van

Desk lamps for men's dorms  
 Oscillating fans for men's dorms

**Volunteer Opportunities**

Financial Planners  
 Bible study leaders  
 Teachers (remedial readers, math tutors, GED coaches)  
 Nutritionist  
 Mentors  
 Housing chaperons  
 Job coaches

Case Managers  
 Counselor & Social Work Interns  
 Exercise Educators  
 Office Assistants  
 Job coordinators  
 Kitchen servers

**Food Pantry**

Our pantry provides for individuals registered with food assistance programs organized by other local agencies, as well as for individuals that come to Guiding Light Mission with a need. We also provide food baskets to our New Life in Christ Program alumni who have transitioned out of living at Guiding Light Mission.

Canned vegetables  
 Canned fruit  
 Boxed cereal  
 Dry or canned milk  
 Butter or Margarine  
 Cheese

Pasta  
 Canned chicken  
 Canned tuna  
 Frozen meats  
 Bread  
 Desserts (non frozen)

## In-Kind Needs

### Alumni Move Kits

Many of the men who enter our programs at Guiding Light Mission, come to us with very little. While they may leave our program transformed by their recovery, they lack the basic items to build a household for themselves. We ask you to become an important part of their journey by helping to provide basic household items to these men as they rebuild their lives.

Dishes (set of 4 or 6)  
Silverware (set of 4 or 6)  
Glasses  
Bed sheets  
Mattresses  
Rugs  
Window curtains

Pots & pans  
Coffee mugs  
Comforter covers  
Pillows  
Bath & hand towels  
Shower Curtains  
Lamps

Your contributions, both in-kind and monetary, make a big difference in the services that we are able to provide to those in need. From everyone in our community, thank you for the blessings you've provided.

Please continue to pray for our men!

May God Bless you,  
Guiding Light Mission

### Donations

Please call for more information! 451-0236.